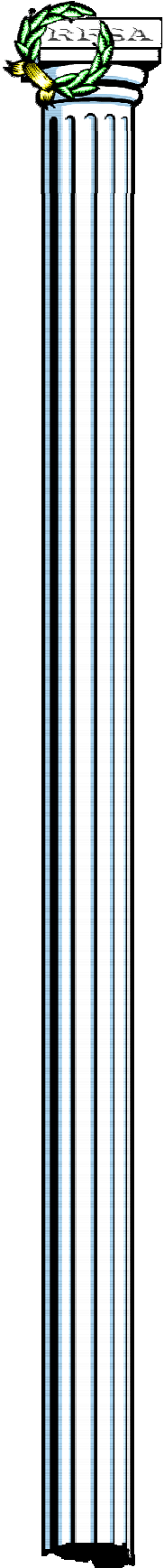


UT Dallas Retired Faculty/Staff Association

University of Texas at Dallas MS AD 1.0 Richardson, TX 75080 ph 972.883.4132 fax 972.833.2156



SPRING NEWSLETTER February, 2008

FEBRUARY MEMBERSHIP MEETING

The February meeting of the University of Texas at Dallas Retired Faculty and Staff Association will be held on Wednesday, February 13th, at 10:30 a.m. in the Student Union Regency Room #2. Our featured speaker is Dr. Calvin Jamison. Dr. Jamison is Vice President of Business Affairs for the University of Texas at Dallas and serves as the chief financial and business officer for the University. Prior to joining UT Dallas, Dr. Jamison was senior vice president and chief administrative officer at Hampton University in Hampton, Virginia, and is the former CEO/City Manager of Richmond, Virginia. A native of Martinsville, Virginia, he is a graduate of Virginia Tech, where he received his Bachelor's, Master's and Ed.D. degrees. Please see the RFSa website, www.utdallas.edu/rfsa, for a more complete biography for Dr. Jamison.

During the February meeting, the membership will be voting on the roster of executive committee members who will be leading the organization during the coming year. Nominations may be made from the floor with prior consent of the nominee.

The candidates for office for the coming year are:

President – Chris Parr	Vice President – Sandee Goertzen
Treasurer – Cynthia Fawcett	Secretary – Peggy Eckelkamp
Membership Chair – Myrna Tureff	Newsletter Editor – Jean Stuart
Members at Large: Esteban Egea, Carolyn Muskett, Diane Reed	
Jo Ellen Roach will serve as Past-President	

A MESSAGE FROM PRESIDENT JO ELLEN ROACH

AROHE

Did you know that UT Dallas is a member institution of AROHE? What is AROHE? It is the Association of Retirement Organizations in Higher Education. Its mission statement is "AROHE, the first national and international association of organizations, is committed to advocate for, educate and serve retired faculty and staff in higher education. AROHE brings together the talent, knowledge, and experience of retired faculty and staff to improve their quality of life and that of the community and institutions through creating new models of retirement."

The Association of Retirement Organizations in Higher Education is an outgrowth of 15 years of informal development as the "International Conference on Retirement in Higher Education." In 2001, it was agreed that the organization had matured sufficiently to merit formal status and was officially incorporated as a nonprofit member association in March of 2002. Take a look at their website, www.arohe.org, to see the other member institutions and check out the upcoming convention to be held in the fall on the University of Southern California campus.

An article on their website titled "Volunteerism: AROHE Members Actively Involved" lists volunteer activities of various retiree organizations. Denver University members read textbooks for the blind. They also serve as "ambassadors" at new building sites on campus. At

Board Officers

President
Jo Ellen Roach

Vice President
Chris Parr

Treasurer
Dottie
Dunkelberger

Secretary
Sandy Gillette

Membership
Chair
Myrna Tureff

Members-at-
Large
Esteban Egea
George Gerken
Diane Reed

Newsletter Editor
Jean Stuart

Faculty
Subcommittee
(Council of
Elders)
Chris Parr

Past President
Linda Williamson

North Carolina State University, retirees have been called on by the Student Association to monitor student elections on campus. This group also started an effort to get all of the academic departments to prepare brief departmental histories that recognize the individuals and events in the historical development of their departments. Illinois State Universities Annuitants Association, working with the Illinois Retiree Volunteer Program, has a system for connecting retirees to schools. Retirees are making a difference as tutors, mentors, and advocates for education.

We have many UTD RFSA members who are making a difference by volunteering in their communities. I hope that in the future, opportunities will be available where retirees can make a difference with service on the campus of UT Dallas.

MEMBERSHIP

In January, RFSA sent a membership mailing to all current unpaid members and to UTD retirees who have not yet joined RFSA. The response to the mailing was wonderful. We now have 98 members, including many new members who have paid their dues. We would like to thank Tina Sharpling, our UTD liaison, for providing RFSA with the list of all UTD retirees.

REMINDER:

RFSA is very close to setting a goal of 100% paid members by the end of February, 2008. Please help us make our enrollment goal by sending your dues to Dottie Dunkelberger, 409 Valley Glen Drive, Richardson, TX 75080. See you all at the next meeting on February 13th.
Myrna Tureff, Membership Chair

RFSA DISCUSSION SERIES CONTINUES

On Tuesday, February 19, Professor Brian Tinsley of UTD's Space Sciences Division will speak on Global Warming to a dedicated group of retirees. The talk starts at 11:30 am in the Regency Room #2 of the Student Union. Brian recommends the book "*COOL IT; The Skeptical Environmentalist's Guide to Global Warming*" by Bjorn Lomborg. He hastens to add that he's NOT a skeptic when it comes to the existence of Global Warming or to Man's role in bringing it about; Brian just decries the hysterical worst-case scenarios that are bandied about. He doesn't believe that all the effects will be devastating to all creatures in all places. Instead, he'll point out the benefits that a warmer, more CO2-rich climate entails.

So come to the talk to be frightened LESS. And bring your lunch (or buy it at the adjacent Student Union Cafeteria) and enjoy complimentary coffee, courtesy of RFSA's tiny treasury.

"THE BRAIN: AN OWNER'S GUIDE"

The Center for BrainHealth will bring back its public lecture series in February with insights on aging creatively, ADHD treatment and the mental benefits of exercise.

"The Brain: An Owner's Guide" will feature different presentations from 7 p.m. to 8:15 p.m. every Tuesday of the month. The series is sponsored by The Container Store.

Good news! UT Dallas retirees will be able to attend the series of lectures sponsored by the UT Dallas Center for Brain Health AT NO COST. Please register by emailing Malika Pritchett at mnp032000@utdallas.edu, or Raquel Peterson, rap065000@utdallas.edu. Be sure to have your UTD-ID/Comet Card with you when you arrive at the door. It is a nice perquisite for retirees to attend at no cost.

This year's topics are:

- **Feb. 5 — The Mature Mind: Creativity and Aging** by Dr. Gene Cohen. Research on aging has identified a number of positive changes in the second half of life that set the stage for psychological growth and creative expression. The result is that we now recognize positive developments among middle-age and older adults that occur not despite aging, but because of aging. Prepare to witness the dismantling of a number of long-held negative myths and stereotypes.

- **Feb. 12 — Get SMART: New Hope for ADHD** by Dr. Sandra B. Chapman, Dr. Jacquelyn F. Gamino and Dr. Mandy Maguire. Although medication can help children with ADHD attend classes, many

still struggle with learning. BrainHealth has developed an innovative way to assess strategic learning abilities, which are directly tied to classroom performance in ADHD. An early study illustrates the benefits of treatment to brain and behavior. Join us to learn about strategic learning and what the Center for BrainHealth is doing to help children with ADHD.

• **Feb. 19 — Get Physical: Brain Health Benefits from Exercise** by Dr. Benjamin Levine. Everyone knows that exercise is "good for your heart;" but did you also know that it is "good for your brain?" Both animal and human studies show that exercise improves memory and learning and may slow the progression of Alzheimer's disease. Learn how to stay fit and vigorous from bottom to top.

• **Feb. 26 — Ask the Doc: Are You Brain Smart?** by Dr. John Hart. How much do you really know about your brain? Join us as Dr. Hart describes current updates on what's good and bad for your brain, so that you can be brain smart in your daily life. Bring your questions.

All lectures are at the UT Dallas Center for BrainHealth, 2200 W. Mockingbird Lane in Dallas. For others, the cost is \$25 per person, \$40 for couples or \$75 for a ticket to all four talks. Registration is available [online](#).

The University of Texas at Dallas
Retired Faculty/Staff Association
Membership Meeting
Tuesday, November 13, 2007 – 10:00 a.m.
UTD Student Union Regency Room #2

President Jo Ellen Roach welcomed members and guests to our November membership meeting at 10:00 a.m.

Speaker: Jennifer Zientz UT Dallas Center for Brain Health

Fifty percent of the work of the Center is for adults and 50% for children. Patients with problems need individual interventions. As one ages, memory has more detail. Select things you want to enjoy in life. Social interactions tend to make people happier. Older adults need to work on strengths. The Center for Brain Health is located near Callier Center.

Leah Teutsch - UT Dallas Information Technology spoke to us on better managing UTD email - forwarding to home email. Human Resources will help retirees with procedures if needed.

Minutes of September 11, 2007 membership meeting were read by Sandy Gillette. Minutes were approved as read.

Treasurer's Report: Dottie Dunkelberger
Balance in dues account: \$832.83

Approval of Nominating Committee: A Nominating committee of Linda Williamson, Mike Durbin and Jean Stuart was approved.

Upcoming Events:

Participate in UTD's Campus Clean Up - tidy up certain streets on campus

Discussion Groups: Professor Stephen Rabe on war in Iraq and Professor Brian Tinsley on global warming

Movie Date and Game Day tentatively scheduled for January

General membership meeting in February - no date specified at this time

Membership Survey - members were asked to complete survey

GEM Greet Eat and Meet lunch scheduled for Tuesday, December 11th, at Compari's Restaurant. Mike Durbin moved that three prizes for no more than \$25 each be provided for a drawing at this lunch date. Motion was approved.

Meeting was adjourned at 11:40 a.m.
Sandy Gillette

RANDOM SHOTS FROM THE HOLIDAY LUNCHEON
December 6, 2006, Campari's Restaurant

