

# U.T. DALLAS RETIREE ASSOCIATION

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## Fall Newsletter

### From the President

November 2023

Happy Fall Retirees!

Hope you all are enjoying the cooler temperatures and preparing for another Holiday season!

Our next First Monday Luncheon (FML) will be held at the Olive Garden in Plano on December 4th. This event will also serve as our Holiday Luncheon so look for more information from our Social Committee leader Kathy White.

The next General Meeting (everyone invited) will be set up for late January and will be sure to include a dynamic guest speaker. Stay tuned for details.

I am encouraging our membership to become more involved with UTD and our Retiree Association. We have all had a very positive impact on the success of the university and it is always enjoyable to hear what is new.

Some of the events that our retiree association has been represented at during the past 6 weeks are:

- Celebration of Support 10/19/23
- UTRA Executive Committee Meeting 10/24/23
- Chief of Staff Coffee 10/31/23
- First Monday Luncheon at Manny's 11/6/23
- Staff Council Meeting 11/8/23
- State of the University Presentation (rescheduled for after the holiday)

Here are some links that will help you keep in touch:

UTD Benefits Flash (note that you can subscribe to Intercom and there are many helpful subjects discussed that also pertain to UTD Retirees).

The **Benefits Flash** from Human Resources highlights key benefits information to employees. The latest topic is UT CARE Medicare PPO. Check it out on the [Benefits Flash website](#).

A new topic will be featured each month on the site and during the [HR Forum](#), and in [Intercom](#).

#### Board Officers

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To recommend future topics, email [benefits@utdallas.edu](mailto:benefits@utdallas.edu).

Lastly, the UTD Center for BrainHealth provides free access via Zoom to speakers in the future but also past talks. Very good stuff to stimulate our brains!

All talks will start Friday at noon Central Time (10 am PT/ 11am MT/ 1 pm ET). Please save the attendee link above. You will also receive an email with the event Zoom link the day before and the day of each event. [ATTENDEE LINK](#)

If you are in the Dallas, Texas area, did you know you can join us in person at Center for BrainHealth? Lunch is served and anyone is welcome. You do NOT need to register. The lectures began in September and one remains for this year:

Speaker Lineup

December 8: Holly Bowen, PhD speaks on Motivated Memory in Older Age.

View past talks on our **Frontiers of BrainHealth Playlist**.

Please contact BrainHealth Event Support at <https://centerforbrainhealth.org/events/frontiers> with any questions. For more information, visit our [events FAQ page](#)



Our First Monday Christmas Luncheon will be held on Monday, Dec 4 at the Olive Garden in Plano. We will meet at 11:30 am. The address is 700 N Central Expressway.

Please RSVP to me at [kjw021000@utdallas.edu](mailto:kjw021000@utdallas.edu) by 12/2/23. They are setting us up for 30 guests so it is critical that I get an accurate head count before Dec 4. I hope everyone can attend to enjoy the Christmas season and possibly partake in some Christmas cheer!!

Kathy White  
Social Chair

## Ever wonder what activities are offered on Campus?

Check out the list on this UTD web page. For instance, did you know there is a walking trail around campus? There is even designated parking!! <https://www.utdallas.edu/dfw-community/>

**“Listen as fiercely as you want to be heard.”**

**- Kristen Bell**

Actor Kristen Bell delivered a 2019 commencement speech on the theme of kindness, and among her heartfelt bits of advice were the above words. To lead with true kindness, empathetic listening is key — particularly in times when emotions are running high and we are all yearning to be heard.

## Membership Report

Retirees	137
Spouses	<u>14</u>
Total	151

Of the 151, forty-four are lifetime members, seven are new this year and one is returning.

There is no report from a similar time in 2022, but in January, 2023, membership was as follows:

Retirees	136
Spouses	<u>12</u>
Total	148

Of the 148, forty-two are lifetime members, fifteen are new and four returned after having lapsed memberships.

We are making some headway.

Jean Stuart  
Membership Chair

**PICTURES FOLLOW**

First Monday Lunch at Lazy Dog – October 2nd





**Lunch at Manny's Uptown Tex-Mex – November 6<sup>th</sup>**



**SEND US PICTURES OF YOUR THANKSGIVING FEAST!**

**To [jeanstrt37@gmail.com](mailto:jeanstrt37@gmail.com)**